

# Sun Peaks Nancy Greene Festival

### **Schedule:**

**Thursday March 21st:** Training day.

**8:45am** - Meeting Point: At the bottom of the chairlift **SUNBURST EXPRESS**. Here you will meet coaches and receive lift passes.

**11:15am** – Lunch in the mountain (bring lunch in the backpack).

**2:20pm** – Drop off at the base of the POLE LIFT, just 50m far from the morning meeting point.

#### Friday March 22<sup>nd</sup>:

**8:45am** - Meeting Point: At the bottom of the chairlift **SUNBURST EXPRESS**.

Race: Dual Glalom Race & Speed Event.

#### Saturday March 23rd:

8:45am - Meeting Point: At the bottom of the chairlift SUNBURST EXPRESS.

Race: Skills Events (Moguls, Kombi, Jump).

#### **General Information!**

Location: Sun Peaks Resort, Sun Peaks BC, hosted by the Sun Peaks Racers

#### Schedule of Events:

#### Friday March 22<sup>nd</sup>, 2024

U10 2<sup>nd</sup> yr & U12 (YOB 2012-2014):

**Dual Glalom Race & Speed Event** 

U6, U8 & U10 1st yr (YOB 2015-2018): Skills Events (Moguls, Kombi, Jump)

#### Saturday March 23rd, 2024

U6, U8 & U10 1st yr (YOB 2015-2018): Dual Glalom Race & Speed Event

U10 2<sup>nd</sup> yr & U12 (YOB 2012-2014)

Skills Events (Moguls, Kombi, Jump)

Sanction: BC Alpine & ACA rules apply. Note: No speed suits or helmet attachments may be worn at this event.

#### Race Details:

#### Skills Events (Moguls, Kombi, Jump)

Teams will be scheduled into events at different times (a.m. vs. p.m.). It is the coach's responsibility to make sure their team runs through a skill at their designated time.

#### Speed Trap

Athletes can cycle through the speed event at the top of OSV between race runs. (TBC – event locations are subject to change)

#### **Dual Glalom**

- 2 runs per racer, best combined time
- 5 second penalty per missed gate, up to maximum 25 seconds
- Top 10 awards: Medals for 1<sup>st</sup>-3<sup>rd</sup> and ribbons 4<sup>th</sup>-10<sup>th</sup> in each age/gender category, for U12 only per BC Alpine QRS 4.2.4
- Participation medals for U6 to U10 per BC Alpine QRS 4.1.2
- Individual and team results will be posted online after the event
- Racers will be grouped on start list based on their coach (racers with the same coach kept together)

Awards Details: Join us for the Apres party in the Village Friday 4:00 p.m. before the awards, with Uncle Chris the Clown. Athletes meet and greet Olympian Nancy Greene. Awards will be presented at 4:30 p.m. slope side in front of Mantles. Awards for Dual Glalom Top 10 (medals 1<sup>st</sup>-3<sup>rd</sup>, ribbons 4<sup>th</sup>-10<sup>th</sup>) in each age and gender category for U12 only.

Festival swag will be given **to coaches** Saturday afternoon to distribute to their teams. Parents are not to pick up swag.

**Lunch:** \$5 per meal. Includes hot dog, drink (juice box or water), and side (chips OR granola bar OR candy). Veggie dogs and gluten free buns will be available. Cash only (exact change please). Slope side outside Sun Peaks Racers club cabin on both days.

#### **COMUNICATION!**

During the trip to Sun Peaks, we will communicate through this group for any schedule changes, social gatherings in the evenings, ice skating, etc.

Please refrain from using this group for matters unrelated to the event. For personal issues or matters specific to a single athlete, please communicate directly with me via WhatsApp.

Once the trip is over, this group will be automatically deleted.

Take a photo of the QR code with your phone to join the group:



# **Packing List:**

## **Ski Equipment**

- -SL skis (no protections needed).
- -Backpack for on-hill.
- NO speed suits

## **Ski Clothing:**

- Ski jacket and pants
- Rain jacket or poncho
- Thermal layers and other inner layers such as puffy jacket
- Gloves/Mitts x2
- Ski socks
- Heated socks/Boot heaters (optional)
- Appropriate clothing/shoes for dryland sessions.
- Ice Skating at the local rink **please pack Ice skates** or bring \$10 for skate rentals.

# Ski Tuning:

Bring tuned skis ready for ski.

## What to bring in my backpack for the day on the hill:

- Water bottle
- Snacks
- Packed lunch for Thursday, and \$5 for lunch for Friday and \$5 for Saturday.
- Rain jacket or poncho
- Extra gloves
- Hand warmers
- Extra goggles (optional)
- Sunscreen and lip balm
- Neck gaiter

**GET READY!** 

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